MATRIX

SUSPENSION ELLIPTICAL™ TRAINER

BELIEVE IN *BETTER*

At Matrix, we believe in better. We believe your goals are priority one. We believe in approachable design and innovation, in always pursuing a superior solution. And it's this drive to innovate that inspires us to meet your needs like no other brand can.

We didn't invent the elliptical, but we did make it better. By listening to you, our customers, we looked at the elliptical differently, with fresh eyes. We learned that ellipticals don't have to have wheels – that a suspension design can deliver a better, more exhilarating workout experience while minimizing machine wear, maintenance and downtime. Being different makes all the difference.

MATRIX
SUSPENSION ELLIPTICAL™ TRAINER

It just feels right.

Matrix Suspension Elliptical™ models take the natural motion of ellipticals to another level. They offer an exceptionally smooth, stable workout due to the unique suspension design.

INNOVATION IS A BEAUTIFUL THING

FLUID

Our exclusive Constant Rate of Acceleration delivers a perpetually smooth, fluid motion that is easy on joints.

PRECISE

The pedals allow natural ankle flexion to reduce the foot-tingling sensation produced by other machines.

DYNAMIC

The dual-action handlebars provide a total-body workout that strengthens core muscles.

FUNDAMENTALS OF FEEL

Derived from extensive research and interviews with club owners, fitness experts and users, these key elements contribute to delivering the most natural elliptical feel.

IDEAL PEDAL PLACEMENT

Pedals are placed with minimal distance between them to eliminate stress on hips and back.

BODY POSTURE

An upright user position provides maximum comfort.

EASY ACCESS

Pedals positioned lower to the ground allow users to easily step on and off the product.

OPTIMAL HANDLEBAR SPACING

Grips are within ideal reach and distance for both small- and large-framed users.

A MORE NATURAL FOOTPATH

Mimics a natural running or walking motion while minimizing fatigue and stress on joints.

SMOOTHER MOMENTUM

The suspension design provides the smoothest, most efficient motion possible.

A NATURAL FIT FOR
COMFORT

From the console to the pedal motion, our Suspension Elliptical™ trainers are designed to be easy to use. This provides comfort in the physical sense, as their motion replicates walking and running strides very closely. Plus, users of any fitness level will feel comfortable operating the machines because of their intuitive interface.

NATURAL

The Suspension Elliptical simulates the true contralateral movement that users experience while walking and running for the most natural feel available.

SMOOTH

Our patented suspension design eliminates wheels and tracks, effectively reducing wear and maintenance of more heavy parts.

INTUITIVE

All Matrix consoles are easily navigated by users of all experience levels.

THE EMERGENCE OF
EXCELLENCE

Superior ergonomics. Untouchable economics. The Suspension Elliptical is designed to outperform in every sense of the word. Matrix is committed to helping you build your business, transform how you train your clients and keep an eye on your bottom line.

ACCESSIBLE

The rotational disks are easily removed for quick access to internal components, providing easy serviceability and reduced downtime.

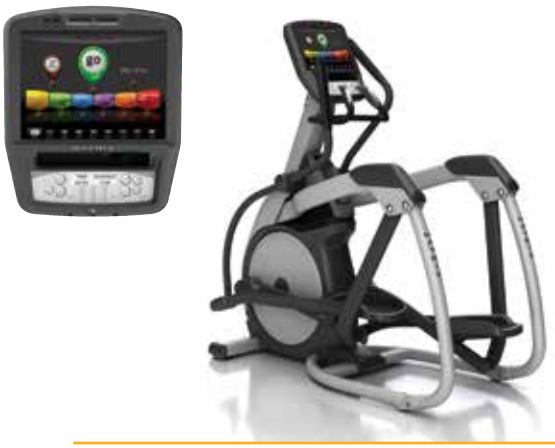
COMPACT

To take up less space on your floor, we've packed superb functionality into a machine with a small footprint.

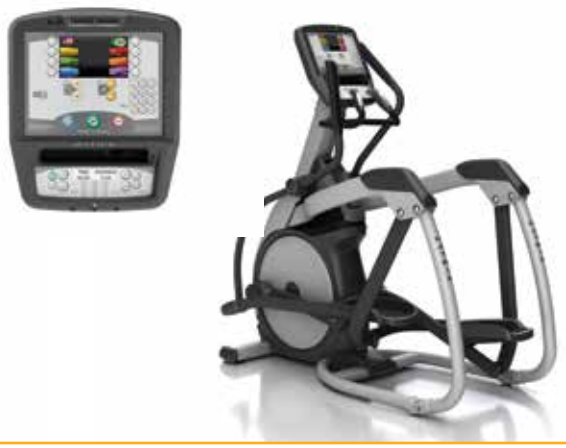
FREEDOM

The Suspension Elliptical is completely self-powered and cord-free, which will not only help save money and the planet, but also allows for freedom of placement within your facility.

SUSPENSION ELLIPTICAL™ MODELS



E7xe



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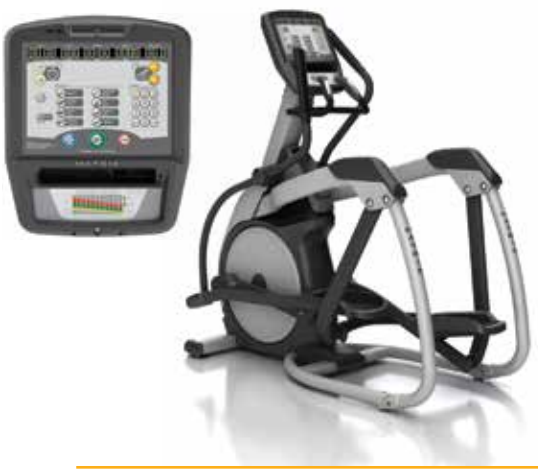

E5x

E3xe

E3x

SUSPENSION ELLIPTICAL™ MODELS

	E7xe Suspension Elliptical	E7x Suspension Elliptical	E5x Suspension Elliptical	E3xe Suspension Elliptical	E3x Suspension Elliptical
FEATURES					
Stride Length	21" (53 cm)	21" (53 cm)	21" (53 cm)	21" (53 cm)	21" (53 cm)
Contact & Telemetric HR Sensors	Yes	Yes	Yes	Yes	Yes
Cushioned Footpads	No	No	No	No	No
Pedal Spacing	2.5" (6.3 cm)	2.5" (6.3 cm)	2.5" (6.3 cm)	2.5" (6.3 cm)	2.5" (6.3 cm)
Handlebar Design	Multi-position dual-action and custom ergo-bend stationary	Multi-position dual-action and custom ergo-bend stationary	Multi-position dual-action and custom ergo-bend stationary	Multi-position dual-action and custom ergo-bend stationary	Multi-position dual-action and custom ergo-bend stationary
Thumb Switch Controls	Yes	Yes	Yes	Yes	Yes
RESISTANCE SYSTEM					
Technology	Brushless Generator	Brushless Generator	Brushless Generator	Brushless Generator	Brushless Generator
Power Requirements	Self-powered - Powered 100v-240v - 50/60Hz AC	Self-powered - Powered 100v-240v - 50/60Hz AC	Self-powered - Powered 100v-240v - 50/60Hz AC	Self-powered - Powered 100v-240v - 50/60Hz AC	Self-powered - Powered 100v-240v - 50/60Hz AC
Minimum Watts	4 Powered / 56 Self-powered	4 Powered / 30 Self-powered	21 Powered & Self-powered	5 Powered / 32 Self-powered	5 Powered / 21 Self-powered
Minimum RPM	10 Powered / 25 Self-powered	10 Powered / 25 Self-powered	25 Powered & Self-powered	10 Powered / 25 Self-powered	10 Powered / 25 Self-powered
CONSOLE					
Display Type	15" (38 cm) Touchscreen LCD	7" (18 cm) LCD	Dot-matrix LED	7" (18 cm) LCD	14-seg alphanumeric, 8x16 LED graphic display
Display Feedback	Time, Distance (Kilometers or Miles), Calories, Calories per Hour, Speed, RPM, Heart Rate, METs, Watts, Dynamic Profile Display, Static Profile Display	Time, Distance (Kilometers or Miles), Calories, Calories per Hour, Speed, RPM, Heart Rate, METs, Watts, Profile	Time, Distance, Calories, Speed, Heart Rate, METs, Watts, RPM	Time, Distance (Kilometers or Miles), Calories, Calories per Hour, Level, Speed, RPM, Heart Rate, METs, Watts, Profile	Time, Distance (Kilometers or Miles), Calories, Calories per Hour, Level, Speed, RPM, Heart Rate, METs, Watts, Profile
User-defined Multi-language Display	Yes - English, German, French, Italian, Spanish, Dutch, Portuguese, Chinese, Japanese, Korean, Swedish, Finnish, Russian, Arabic	Yes - English, German, French, Italian, Spanish, Dutch, Portuguese, Chinese, Japanese, Korean, Swedish, Finnish, Russian, Arabic	No - Accessible through Manager Menu: English, German, French, Italian, Spanish, Dutch, Portuguese, Japanese, Swedish, Finnish	Yes - English, German, French, Italian, Spanish, Dutch, Portuguese, Chinese, Japanese, Korean, Swedish, Finnish, Russian, Arabic	No - Accessible through Manager Menu: English, German, French, Italian, Spanish, Dutch, Portuguese, Swedish, Finnish
Resistance Levels	25	25	25	25	25
Workouts	Manual, Rolling, Intervals, Fat Burn, Random, Fit Test, Target HR, Constant Watts	Manual, Rolling, Intervals, Fat Burn, Random, Fit Test, Target HR, Constant Watts	Manual, Rolling, Intervals, Fat Burn, Random, Fit Test, Target HR, Constant Watts	Manual, Rolling, Intervals, Fat Burn, Random, Fit Test, Target HR, Constant Watts	Manual, Rolling, Intervals, Fat Burn, Random, Fit Test, Target HR, Constant Watts
CSAFE, Fitlinxx® Ready	Yes	Yes	Yes	Yes	Yes
Netpulse Compatible	No	Yes	Yes	Yes	Yes
FitTouch™ Technology	Yes	No	No	No	No
Pause Function	Yes	Yes	Yes	Yes	Yes
Instant On Technology	Yes	Yes	No	Yes	No
On-The-Fly Program Change	Yes	Yes	Yes	Yes	Yes
Integrated Vista Clear™ Digital Ready Television	Yes - 15" (38 cm) screen size	Yes - 7" (18 cm) screen size	No	Yes - 7" (18 cm) screen size	No
FITCONNEXION™ Ready	No	Yes	Yes	Yes	Yes
WiFi	Yes - for Asset Management™	Yes - for Asset Management™	Yes - for Asset Management™	No	No
iPod® Compatible	Yes	Yes	Yes - Charging Only	No	No
Nike + iPod® Compatible	Yes	Yes	No	No	No
Personal Fan	Yes	Yes	Yes	No	No
USB Workout Tracking	Yes	Yes	Yes	Yes	Yes
Virtual Active™ Compatible	Yes	Yes	No	Yes	No
Asset Management™ Compatible	Yes	Yes	Yes	No	No
TECH SPECS					
Overall Dimensions L x W x H	70" x 29.2" x 68.5" 1780 x 742 x 1740 mm	70" x 29.2" x 68.5" 1780 x 742 x 1740 mm	70" x 29.2" x 68.5" 1780 x 742 x 1740 mm	70" x 29.2" x 68.5" 1780 x 742 x 1740 mm	70" x 29.2" x 68.5" 1780 x 742 x 1740 mm
Maximum User Weight	400 lbs. (182 kg)	400 lbs. (182 kg)	400 lbs. (182 kg)	400 lbs. (182 kg)	400 lbs. (182 kg)
Weight	402 lbs. (182.7 kg)	399 lbs. (181.7 kg)	398 lbs. (181 kg)	400 lbs. (182.2 kg)	398 lbs. (181.2 kg)
Shipping Weight	430 lbs. (195.5 kg)	427 lbs. (194.5 kg)	425 lbs. (193.6 kg)	427 lbs. (194.5 kg)	425 lbs. (193.5 kg)
WARRANTY					
Frame	7 years	7 years	7 years	7 years	7 years
Generator	5 years	5 years	5 years	5 years	5 years
Parts and Labor	3 years CAP	3 years CAP	3 years CAP	3 years CAP	3 years CAP
Wear Items (USB, headphone, iPod cable)	90 days	90 days	90 days	90 days	90 days

Images and specifications are subject to change.

Made for iPod

"Made for iPod" means that an electronic accessory has been designed to connect specifically to iPod and has been certified by the developer to meet Apple performance standards. Apple is not responsible for the operation of this device or its compliance with safety and regulatory standards.

iPod is a trademark of Apple Inc., registered in the U.S. and other countries.

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Strong • Smart • Beautiful